

Helpful Hints & Tips

Detox Daily!

A daily dose of NEWTON homeopathics® **Detoxifier** for symptoms of toxicity may maximize the effectiveness of other remedies, supplements and vitamins.

Wait for It!

Wait 15 minutes between taking homeopathy and eating, drinking, taking drugs, supplements or other remedies. This keeps anything from interfering with the homeopathics.

Drop It In!

Liquid remedies should be placed directly in the mouth or dropped into a small amount of water. As the remedy contacts the mucous membranes of the mouth, it is absorbed into the body.

Cross It Over!

Although NEWTON homeopathics® manufactures complexes specifically for kids and pets, a condition may arise for which there is no kids/pets complex. Be assured that all OTC (adult, kids and pets) complexes are manufactured using the same high-quality raw materials and stringent manufacturing controls.

Mix It Up!

If an alcohol-free remedy is preferred, place the drops of homeopathy in a small amount of warm water and let stand for 10 minutes to allow the alcohol to evaporate prior to dosing. The FDA mandates that liquid homeopathics contain a preservative; NEWTON's choice of preservative is certified gluten-free, non-GMO, organic cane alcohol. NEWTON's certified gluten-free, non-GMO, organic beet-derived sucrose (lactose-free) pellets are another alcohol-free alternative.

Don't Touch!

Pellet remedies should be taken without being touched. The outermost layer of the pellet contains the active ingredients. Warmth from the human hand and oils from the skin may remove some of the remedy on contact. Dispense into the bottle cap or a spoon and then pour into the mouth.

Keep It Protected!

Amber glass containers protect the homeopathics from light exposure. Keep out of direct sunlight and away from extreme heat and/or electronics.



Welcome to Homeopathy

Homeopathy, a complete system of healing with its own method of diagnosing and its own special remedies, was developed by Dr. Samuel Hahnemann over 200 years ago. Homeopathics have no known harmful side effects, may be used by everyone, including pets, and can be administered for both acute and chronic conditions.

Homeopathics are made from small amounts of plant, animal and mineral substances prepared by a process whereby a minute amount of substance is highly diluted and succussed (vigorously shaken). Scientists have theorized that homeopathy may function similar to the way enzymes or hormones function in the body. Although they are found in similar minuscule amounts, they are believed to have very powerful effects.

People are returning to homeopathy because they understand that in order to achieve health, one must discover the root cause of disease and not just treat the symptoms. Many understand that pharmaceutical drugs often interfere with the body's natural ability to heal itself. Suppressing, or merely removing symptoms, is a temporary solution. Addressing the whole person naturally is the long-term solution to modern states of disease. We believe this is the role of homeopathy.

NEWTON homeopathics® are the result of advanced evolution in the use of homeopathic remedies in Europe, especially in Belgium, France and Germany. Starting in the mid-1800s, through the beginning of the 20th century, the French homeopaths developed the technique of draining toxins from the body. Dr. Luc took this idea and combined it with the concept of complex remedies. The use of such a complex saved his life and led to the development of the wide range of NEWTON homeopathics® complexes.



NewtonHomeopathics ~ NewtonHomeopath



NEWTON homeopathics® product uses are based on traditional homeopathic practice. Products/reviews/indications have not been evaluated by the FDA nor for scientific-medical evidence. Product results are not based on randomized, controlled clinical trials (RCTs).

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NEWTON
homeopathics®
Nurturing Naturally Since 1987™

Jump~Start Your Health!

Natural & Easy to Use



Encouraging Health & Promoting Balance™

Three Keys to Wellness!

- **Detoxification**
- **Digestive Balance**
- **Joint Health**

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Manufactured in America
Woman/Veteran-Owned

Multiple Symptoms? Not Sure Where to Start?

Dear Valued Customer,

We have discontinued our **Jump~Start Your Health!** box kits. We continue to carry the kit complexes, though they will no longer be housed in the box and will need to be purchased individually. We continue to promote ways to **Jump~Start Your Health!** with clinical homeopathy and NEWTON homeopathics® complexes. So, no worries, these favorites aren't going anywhere! No box means less waste for the environment and more diverse options for you to choose from!



Detoxifier is NEWTON's premier product and central to the clinical homeopathy approach. It is key to any Jump~Start Your Health! regimen.



This combination of single remedies focuses on the body's ability to eliminate toxins. Our founder, Dr. Luc Chaltin, developed the technique of "clearing the terrain" to help people who exhibit multiple symptoms that are vague, complicated and difficult to diagnose.

As the terrain is cleared through proper elimination, underlying causes that have been masked by symptoms may become easier to identify. We believe that the liver rejuvenates during periods of sleep, so we suggest taking **Detoxifier** at bedtime. The standard adult dosage is 6 drops taken before bedtime. For sensitive persons, begin with 1 drop taken in the morning and gradually increase to full dosage over a two- to four-week period.



Bowel~Digestive Care is formulated for associated symptoms such as vomiting, burning, bloating, gas, nausea, cramping and pressure.



Taking into consideration the shortage of clean, fresh, live foods in our diet, it is essential that we take control of our digestive health, clear the terrain and allow our bodies to become well-balanced. The standard adult dosage for this formula is 6 drops – 15 minutes before each meal and as needed for acute situations such as indigestion, nausea, vomiting or diarrhea.

Rheumatic~Joint Care is formulated for associated symptoms such as pain, stiffness and swelling.



Proper assimilation (transformation of food into tissue) and efficient processing of metabolic toxins (uric acid and other free radicals) are dependent upon a well-balanced body. An out-of-balance body coupled with a diet that may be excessive, too rich or lacking essential nutrients can cause a build-up of toxins resulting in joint pain, inflammation and discomfort. Take control of joint health and clear the terrain for a well-balanced body. Standard adult dosage is 6 drops one to four times daily and as needed for acute situations.



Clear the path for the body to balance naturally.

As a world leader in clinical homeopathy, NEWTON realizes that addressing multiple symptoms with single remedies can be challenging. Combination remedies formulated for balance and wellness may help simplify the process.

CONSIDER THESE COMPLEX COMBINATIONS FOR THESE ASSOCIATED SYMPTOMS

- For individuals experiencing multiple symptoms begin with these classics: **Detoxifier**, **Bowel~Digestive Care** and **Rheumatic~Joint Care**.
- For teenagers with acne, consider **Detoxifier**, **Bowel~Digestive Care** and **Acne**.
- For women with menstrual difficulties, consider **Detoxifier**, **Bowel~Digestive Care** and **Menstrual~PMS**.
- For men with performance challenges, consider **Detoxifier**, **Prostate** and **Libido**.
- For fussy infants consider **Kids Detoxifier**, **Kids Bowel~Digestive Care** and **Kids Hypercalm~Mental Focus**.

 **Thanks for Choosing
Newton homeopathics®**